

Dear Practical Nursing Student:

We would like to take this opportunity to welcome you to the Faculty of Applied Health & Community Studies at Sheridan College, Davis Campus. The faculty is pleased that you have selected Sheridan College to pursue your nursing career.

The Practical Nursing Program focuses on a shared student and faculty learning approach. You must be self-directed to meet the demands of your Program, and the faculty will assist you to meet your learning objectives.

The Faculty is committed to providing excellent education for students in our program. Each semester will provide new challenges and exciting learning experiences as you work to “pull together” all the knowledge and skills required for your career. We hope to make your time with us both enjoyable and rewarding.

Below are the requirements that will allow you to attend your clinical placement. Please review what is required for you to meet the obligations and agreements that Sheridan College has with the facilities you will be placed in.

## **CLINICAL PLACEMENT REQUIREMENTS**

### **1.1 HEALTH STANDARDS AND REGULATIONS FOR PRACTICAL NURSING STUDENTS**

#### **1.2 Personal Health**

The student shall ensure that his/her own health does not in any way endanger the health of the clients. For this reason, a high standard of personal hygiene is necessary. The most common cause of infection is failure to wash hands. Hands **MUST** be washed well with soap and water before and after each person-to-person contact. This principle will be reinforced and expanded upon in the nursing lab.

#### **1.3 Health Regulation Requirements**

The maintenance of a Student Health Record is required in accordance with government legislation, such as the Public Hospital Act, and the Long Term Care Act and other legislative documents. In order for Sheridan to provide students with clinical, or community placement experiences, it is the responsibility of each student to meet the legislated requirements.

**STUDENTS MUST MEET THESE REQUIREMENTS.**

**IT IS THE RESPONSIBILITY OF EACH STUDENT ENROLLED IN THE PROGRAM TO COMPLETE A HEALTH FORM/ IMMUNIZATION RECORD **PRIOR** TO ENTRY AND TO**

MAINTAIN THE HEALTH RECORD AS THE STUDENT PROGRESSES THROUGH THE PROGRAM OF STUDY.

**This form is obtained online under Student Services on the Sheridan website and at the Sheridan Health Center. Please feel free to contact the health center with your questions (905) 459- 7533 extension 5153.**

Students will receive a Health Records Information Package within the first week of the program. This must be completed at least one month prior to commencing clinical or community placements (week 9). The initial record sets the basis for the ongoing maintenance of the health records as the student progresses through the program.

Health Records will be housed and filed in a confidential manner. When your health record is submitted, a Registered Nurse will examine and accept the record.

**FAILURE TO KEEP YOUR HEALTH RECORD UP TO DATE AS REQUIRED WILL RESULT IN YOUR INABILITY TO ATTEND CLINICAL EXPERIENCES IN THE FIELD.**

**If a student cannot attend clinical practice, their ability to complete the course and the program will be negatively impacted.**

All health records are maintained for a two-year period after graduation in the Health office or for the same period of time if a student leaves the program. They are then maintained for an additional seven years on campus.

#### **1.4 HEPATITIS B Information for Students**

Hepatitis B vaccination is mandatory for students enrolled in the program. The vaccine consists of a series of 3 injections. Students must have received the first 2 injections prior to beginning classes in Semester 1. Students can receive the Hepatitis B vaccine from their family physician or Nurse Practitioner.

Hepatitis B vaccination (third injection) may be given by special arrangement at the Health Center in the College.

#### **1.5 Varicella and Influenza Vaccines**

Students must have documentation that they have had chicken pox (as a disease), or the chicken pox vaccine as a child. If the antibody titer is not high enough, then a chicken pox vaccine must be administered. This must be completed prior to admission to the program. This is to prevent the student becoming ill because of exposure to chicken pox or shingles or giving chicken pox to an elderly resident who then may acquire shingles (herpes zoster).

Students must have flu immunization annually in order to be placed in a clinical area. This service is free and the public health department with the help of the college health centre will conduct immunization clinics

### **1.6TB Test**

A current, 2-step tuberculosis test is required. A certificate to that effect must be shown to the Health Centre, and verification will be noted. This will be recorded in the Health Centre. Verification from the Health Centre of this completed test will be obtained. If the student has had a previous positive TB skin test, a current chest x-ray (done within the last 12 months) is acceptable. (Repeated yearly while in the program)

### **1.7Health Centre General Information**

The objectives of this Centre are to:

- Monitor the health status of personnel and maintain health records.
- Provide health teaching and health counseling (e.g. sale of birth control pills, morning after pills).
- Promote a healthy and safe work and study environment, thus reducing absenteeism (e.g. headache, medical treatments).
- Provide students with on-site access to physicians on a daily basis, by appointment.

Each student must have Health Insurance coverage and have his or her own Ontario Health Card. As a full-time student you are covered under Sun Life Insurance.

### **1.8Mask Fit Testing**

A requirement for clinical placement in all agencies is for the student to carry a valid mask fit card which indicates the appropriate mask that seals on their face. It is a mandatory test performed in semester one lab. In order to be mask fit tested the face must be free of facial hair so that a skin to mask seal can be obtained. This test will identify the appropriate protective mask for the student. Failure to obtain a valid mask fit card will affect the student's placement in a clinical agency and may impact on the student's ability to complete the course/program. If there is an issue with completing this test prior to the start of clinical the student must see the program coordinator as soon as possible.

## **2.1 CRIMINAL REFERENCE CHECKS FOR THE VULNERABLE POPULATION**

Legislation requires that criminal reference checks be completed for students working with children and vulnerable adults. This applies to all clinical agencies that students are placed in for the duration of the program. You will be required by Health Care Facilities and/or agencies to produce a criminal reference check that is valid within 6 months in order to begin your clinical placement on time. There is a fee for this service that is paid to the agency doing the check. Criminal record checks are completed by the police service where the student resides full time.

You will not be allowed to begin your placement without an official copy of the clear criminal record for the vulnerable sector population document. Students who have submitted their form to the service and are waiting results also will not be allowed to begin the placement.

Criminal Reference Check Procedure:

The procedure for obtaining a Criminal Reference Check for the vulnerable sector varies from jurisdiction to jurisdiction and must be obtained from the jurisdiction where you have permanent residency. Your **Vulnerable Sector** criminal reference check must be obtained for a working individual, not for a volunteer. **The student will require a new criminal record check within six (6) months of writing the Canadian Practical Nurse Registration Examination.**

**PLEASE NOTE:**

1. The search includes three years of both local and national information.
2. It is up to the student to obtain and keep the criminal record check on his/her person. If the clinical placement or community agency asks for this information, and the student is unable to provide, the student will be removed from the clinical placement.

### **3.0 STANDARD FIRST AID AND BASIC LIFE SUPPORT (CPR)**

Your Standard First Aid Certificate must be current.

Your Basic Life Support (CPR) Level C should also be current. BLS is not the same as Emergency Heart Saver. Your CPR level C is recertified *annually*. There are courses for health professionals (students) available on weekends.

Only students who have a current certification in Standard First Aid and BLS Level C will be allowed in the clinical area.

On behalf of the faculty, I would like to wish you success in the Practical Nursing Program. I look forward to meeting you during your educational journey.

Sincerely,

Dorothy Ayela DNP, MScN, NP, CAP

Professor and Program Coordinator Practical Nursing

**Practical Nursing Test Books List January 2018.**

TEXTBOOKS	Term	COURSES	COURSES	COURSES
Boyd, D., Johnson, P. & Bee, H. (2015). <i>Lifespan Development. Development through the lifespan. 6<sup>th</sup> Ed.</i> Don Mills. Pearson.	1	NURS10016	NURS19469	NURS26367
Burkhardt, M., Nathaniel, A., & Walton, N. (2014). <i>Ethics and Issues in Contemporary Nursing</i> , Current Edition Toronto Nelson	1	NURS17013	NURS24998	
Potter, P. Perry, A. (2014). <i>Canadian Fundamentals of Nursing</i> . 5 <sup>th</sup> Edition. Toronto Elsevier Canadian Editors: Ross-Kerr, Wood, Astle & Duggleb 9781926648538	1	NURS19469 NURS17013	HEAL 13672	NURS10082
Carpenito, <i>Handbook of Nursing Diagnosis</i> (Current Canadian Edition) Login Brothers Canada	1	NURS19469	HEAL 13672	NURS10082
Pickar, G., Graham, H., Swart, B., & Swedish, M., <i>Dosage Calculations</i> (current edition) Nelson Education	1	MATH 14310		
Patton, K. T., & Thibodeau, G. A. (2014) <i>The human body in health and disease (7<sup>th</sup>. ed.)</i> Maryland Heights, MO: Elsevier. ISBN number 978-0-323-40211-8.	1	SCIE17028		
Jarvis, C. (2014). <i>Physical examination &amp; health assessment</i> , Current Canadian Edition. Elsevier. ISBN: 9781926648729	2	HEAL20039	NURS14178	NURS2009
Health Assessment Lab Manual: Course Pack By Dorothy Ayela	2	HEAL20039		
Day, R.A., Paul, P., Williams, B., Smeltzer, S.C., Bare, B., (2016). Brunner and Suddarth's <i>Textbook of Canadian medical-surgical nursing</i> , 3 <sup>rd</sup> Edition. Philadelphia: Wolters Kluwer.	2	NURS14178	NURS20009	
McConnell, T.H. <i>The nature of disease pathology for the health professions</i> (Current edition) Philadelphia Lippincott, Williams, Wilkins	2	NURS14178	NURS20009	
Lilley, L., Harrington, S., Snyder, J. (2016), <i>Pharmacology for Canadian Health Care Practice</i> (3 <sup>rd</sup> edition) Toronto, ON: Elsevier Saunders.	2	PHARM13672	NURS14178	NURS20009
Lilley, L., Harrington, S., Snyder, J. (2016). <i>Pharmacology for Canadian Health Care Practice Study Guide</i> (3 <sup>rd</sup> edition) Toronto, ON: Elsevier	2	PHARM13672	NURS14178	NURS20009
Leifer, G. (2015). <i>Introduction to maternity and pediatric nursing</i> . ISBN: 9781437708240 (current edition). Dallas Saunders-Elsevier.	3	NURS26367		
Halter, M.J. (2014). <i>Varcarolis's Canadian Psychiatric Mental Health Nursing</i> . Toronto, ON: Elsevier Saunders.	3	NURS21323		
Stamler, L., Yiu, L., Dosani, A. (Current edition). <i>Community Health Nursing: a Canadian Perspective</i> . Toronto, ON: Pearson.	3 & 4	NURS 24998	NURS20065	
Assessment Strategies Inc., (2016). <i>The Canadian PN exam prep guide (5th Ed.) Available online.</i> <a href="http://www.cpnre.ca/prepguide_Purchase_e.asp">http://www.cpnre.ca/prepguide_Purchase_e.asp</a>	4	NURS23921		